

Hidden Italy Flinders guided walking tour

Join us for a week in the inspiring landscapes of the Flinders Ranges walking on country of the Adnyamathanha people, following the trails in and around Ikara-Flinders Ranges National Park including the spectacular Wilpena Pound.

Along the way, local indigenous guide will introduce us to the indigenous history and culture; we will learn about the pioneering history of the region; visit a rock art site and watch the colours of this amazing landscape change as the sun rises and sets each day.

The tour starts with dinner at Adelaide's most awarded Italian restaurant and finishes with a delicious lunch in the vineyards of one of the Clare Valley's finest wineries.

Please note, this tour follows the Hidden Italy McLaren Vale + Adelaide Hills tour. If you join both, Hidden Italy will cover the for the extra night in a 4-star hotel in the centre of Adelaide.

The accommodation:

Two nights' accommodation in a 4-star boutique hotel in the popular East End of Adelaide. Four nights in the Flinders Ranges, staying in very comfortable 4-star twin share cabin-style accommodation, each with en suite, air-conditioning, TVs and wifi (for better or worse!) and remarkable views.

The food:

Breakfast is included daily. Six lunches and five dinners are also included. Lunches are a mixture of gourmet picnic style (with trail snacks included) as well as a bakery lunch stop at the iconic Stone Hut Bakery where the famous quandong pie is made. The dinners include dining at a fashionable East Adelaide Italian restaurant, around a campfire and at the station's famous Woolshed Restaurant.

The walks:

The walk includes a range of walks, from moderate walks to challenging hikes on this adventure. The terrain in the Flinders is rocky, loose underfoot and at times requires a scramble so you'll need to be reasonably fit and wear good quality hiking boots and have walking poles. See the itinerary for details. You will be accompanied on the walks by two professional guides.

Booking conditions:

We require a \$500 non-refundable deposit. Should government restrictions prevent the tour from operating we will reschedule the tour. If this doesn't suit, any payments will be refunded, minus the deposit, which will be help as future credit. [Click here for full details.](#)

Inclusions:

6 nights twin-share accommodation with en suite bathroom
6 breakfasts, 6 lunches and trail snacks each day; 3 gourmet platters at sunset and 6 dinner each day.
Wine is included with the dinners.
Private bus transport throughout
Two full-time guides for the week.

Hidden Italy Flinders Ranges guided walking tour itinerary

Day 1: Saturday

Welcome to Adelaide! You will be collected from the airport and transferred to your hotel located in the East End of Adelaide from where you can explore the South Australian Art Gallery, Museum, the Botanic Gardens and Rundle Mall. Dinner tonight is at one of Adelaide's newest award-winning Italian kitchens.

Day 2: Sunday

Today we make an early start, driving north. We break up the drive with a coffee stop and then enjoy a short walk in a spectacular gorge following a beautiful dry creek bed under the huge shady river gums where we'll also have a light lunch. **8km 3 hrs.** We drive two hours further north to our accommodation, an historic sheep station with all the mod-cons and facilities at the foot of Wilpena Pound. Dinner will be at the stations celebrated restaurant.

Day 3: Monday

After breakfast, we take a short drive to the start of today's walk, following a section of the Heysen Trail today into Wilpena Pound with stunning views of the Elder Range as well as into the Pound. **14km, 5 hrs** You will also get an introduction to the pioneer history of the Pound while surrounded by this dramatic landscape. We return to our accommodation for drinks and nibbles followed by dinner.

Day 4: Tuesday

Today we return to the Pound for a fascinating cultural walk with a local Adnyamathanha guide who will introduce us to the indigenous and cultural history of the district. From here, we do another short walk to a rock art site, where we'll have a light lunch. **10 kms, 3 hrs** The rest of the afternoon is free to relax in the beautiful grounds of the station and perhaps climb up the hill to watch the sunset. We'll have sundowners before a relaxing dinner.

Day 5: Wednesday

Today is the most challenging and rewarding walk of the tour to a dramatic bluff with extraordinary views into Wilpena Pound and across the Chace Range. It includes some steep rocky sections. **12 kms, 4 hrs** We'll have a light lunch on the bluff, enjoying the views. We'll have drinks around the campfire before our last dinner at the woolshed.

Day 6: Thursday

Today, we head back to Adelaide breaking the drive for a coffee in an iconic country bakery. We then stop for a leisurely lunch at one of the Clare Valley's most beautiful vineyards. We will arrive back in Adelaide in the late afternoon where the evening is free.

Day 7: Friday

Depart anytime today after breakfast.