

Hidden Italy Flinders Ranges guided walking tour

Join us in stunning South Australia as we head to the inspiring landscapes of the Flinders Ranges. Walking on country of the Adnyamathanha people, we tackle the trails in and around Ikara-Flinders Ranges National Park including the geological landform of Wilpena Pound. Visit rock art sites with a local indigenous guide, learn about the pioneering history of this region and watch the colours of this amazing landscape change as the sun rises and sets each day. With starry nights and open skies allow outback South Australia to take you on a journey on foot and connect with the past of these ancient lands.

This seven-day walking tour takes you into the heart of outback Australia, staying in for four nights in deluxe accommodation on an historic sheep station, with the first and last nights in a 4-star hotel in Adelaide's fashionable East End; five guided walks through some of the most spectacular scenery in Australia; a two-hour visit to an extensive rock art with a local Adnyamathanha guide; including meals in fashionable Adelaide, picnic lunches, dinner around a campfire and dinner at the station's famous Woolshed Restaurant.

Please note, this tour follows the Hidden Italy McLaren Vale + Adelaide Hills tour. If you join both, Hidden Italy will cover the for the extra night in a 4-star hotel in the centre of Adelaide.

The accommodation:

Two nights' accommodation in a 4-star boutique hotel in the popular East End of Adelaide. Four nights in the Flinders Ranges, staying in very comfortable 4-star twin share cabin-style accommodation, each with en suite, air-conditioning, TVs and wifi (for better or worse!) and remarkable views.

The food:

Breakfast is included daily. Six lunches and five dinners are also included. Lunches are a mixture of gourmet picnic style (with trails snacks included) as well as a bakery lunch stop at the iconic Stone Hut Bakery where the famous quandong pie is made. The dinners include dining at a fashionable East Adelaide Italian restaurant, around a campfire and at the station's famous Woolshed Restaurant.

The walks:

The walk includes a range of walks, from moderate walks to challenging hikes on this adventure. The terrain in the Flinders is rocky, loose underfoot and at times requires a scramble so you'll need to be reasonably fit and wear good quality hiking boots and have walking poles. See the itinerary for details. You will be accompanied on the walks by two professional guides.

Booking conditions:

We require a \$500 non-refundable deposit. Should government restrictions prevent the tour from operating we will reschedule the tour. If this doesn't suit, any payments will be refunded, minus the deposit, which will be help as future credit. [Click here for full details.](#)

Inclusions:

6 nights twin-share accommodation with ensuite bathroom
6 breakfasts, 6 lunches (including a country bakery lunch) trail snacks each day; 3 gourmet platters at sunset; and 5 two-course dinners.
Private luxury bus transport throughout
Two guides for each walk

Hidden Italy Flinders Ranges guided walking tour itinerary

Day 1: Saturday

Welcome to Adelaide! You will be collected from the airport and transferred to your hotel located in the East End of Adelaide from where you can explore the South Australian Art Gallery, Museum, the Botanic Gardens and Rundle Mall. Dinner tonight is at one of Adelaide's newest award-winning Italian kitchens.

Day 2: Sunday

Today we make an early start, driving north for our first walk following a mostly dry creek bed under the huge shady river gums to an old shepherds' hut for lunch before a short steep climb to the lookout. **8km 3 hrs.** We drive two hours further north to our accommodation, an historic sheep station with all the mod-cons and facilities. We arrive in time for a sunset walk. We enjoy dinner by a campfire, our first chance to admire the starry skies of outback South Australia.

Day 3: Monday

After breakfast we drive forty-five minutes to walk a stunning section of the Heysen Trail today into Wilpena Pound with stunning Elder Range as well as into the Pound. **14km, 5 hrs** You will also get an introduction to the pioneer history of the Pound while surrounded by this dramatic landscape. Return to our accommodation for a drinks and nibbles followed by dinner.

Day 4: Tuesday

Today we complete an easy loop walk around the station, visiting a local rock art site with a local Adnyamathanha guide. **10 kms, 3 hrs** The rest of the afternoon is free to relax in the beautiful grounds. We'll have sundowners before a relaxing dinner.

Day 5: Wednesday

Today is the most challenging and rewarding walk of the tour to a dramatic bluff with extraordinary views into Wilpena Pound and across the Chace Range. It includes some steep rocky sections (please note that there is a gentler option if you choose not to do this walk). **16 kms, 6 hrs** We'll have a picnic lunch on the way down. As a finale, we will have dinner in the station's famous Woolshed Restaurant tonight.

Day 6: Thursday

Today we head back to Adelaide via one of the most spectacular gorges in the Flinders Ranges. We head downstairs into the narrow gorge with the steep walls towering on either side of us. **4 kms, 2 hrs** Lunch today is at an iconic country bakery known for gourmet pies and their famous quandong pie. We will arrive back in Adelaide in the late afternoon. The evening is free.

Day 7: Friday

Depart anytime today after breakfast.