

The La Tuscia Walk Itinerary

Day 1

Transfer from either Rome Fiumicino Airport or Florence to Pitigliano, the beginning of the tour, in a private car (approximately a two hour drive). Pitigliano is spectacularly located on basalt cliffs above the Lente River. On the border between Tuscany and the Papal States, the town had considerable strategic importance during the Renaissance and was a haven for outcasts from Rome. It's dominated by a 16th century castle and a Medici aqueduct.

Day 2

The first leg is a short but extraordinary walk from Pitigliano to a tiny neighboring town, following an Etruscan path carved out of living rock three thousand years ago. You will have time in the afternoon (or the following morning) to walk down to the valleys surrounding the village to explore the well-marked Etruscan sites. (8 kms, 3 hrs)

Day 3

The next leg of the walk is to another extraordinary neighbouring town, founded at the same time as Pitigliano and with an equally extraordinary location, perched on volcanic cliffs above a river, staying in a hotel situated in the town's medieval fortress. (11 kms, 3 hrs)

Day 4

After a morning exploring town, the next walk is to charming farming town following a shaded stream and a route that originally joined landlocked Orvieto with the coast, visiting on the way the ruins of a very interesting abandoned medieval town, swallowed up by forests centuries ago. (11 kms, 2.5 hrs)

Day 5

Today you walk to Lake Bolsena via a sleepy country town, leaving Tuscany and crossing into Lazio. The walk finishes on the shores of the lake at a tiny trattoria shaded by willows where you'll be able to have lunch. You will be picked up from here by our driver Luigi and taken around the lake to your accommodation in a 4-star hotel on the lakeshore. (15 kms, 4 hrs)

Day 6

Walk from Lake Bolsena to the marvellous town of Orvieto following for much of the way the original route of a branch of the medieval Via Francigena. On the way you will pass through forest, past an Etruscan excavation and a rock that was miraculously split to allow a medieval procession carrying a relic of Christ's blood to reach Orvieto before picking up a paved section of the Roman road which will take you into Orvieto. (18 kms, 5 hrs)

Day 7

Breakfast in your hotel. Orvieto station is on the main Rome/Florence line and you will be able to continue your holiday from there.